

CANADIAN SECONDARY SCHOOLS ROWING ASSOCIATION



Thirty-First Annual Regatta

to be held Saturday and Sunday,
June 5th & 6th, 1976

on the **ROYAL CANADIAN HENLEY COURSE, ST. CATHARINES**

All Races are Open to any Collegiate, High School or Secondary School in the World.
All Contestants to have been in regular Day School attendance for the current School Term
and have the Certification of the School Principal.

LIST OF EVENTS

Two or more Entries required in each event to ensure a race.

Canadian Championships

1.	12.30 p.m. – WOMEN'S EIGHTS (1000 Metres) -	
2.	12.45 p.m. – NOVICE SINGLES - - -	
3.	1.00 p.m. – HEAVY PAIR - - - -	Sally Arbuthnot Trophy
4.	1.15 p.m. – 145 lb. SINGLES - - - -	- Harry Harper Trophy
5.	1.30 p.m. – NOVICE 135 lb. EIGHTS - - - -	Henley Helpers Trophy
6.	1.45 p.m. – 135 lb. STRAIGHT FOURS - - - -	- S. E. Wells Trophy
7.	2.00 p.m. – HEAVY FOURS WITH COXSWAIN - - - -	Past President's Trophy
8.	2.15 p.m. – NOVICE 145 lb. EIGHTS - - - -	
9.	2.30 p.m. – 145 lb. STRAIGHT FOURS - - - -	- J. D. Baily Trophy
10.	2.45 p.m. – WOMEN'S FOURS WITH COXSWAIN (1000 Metres) -	P. Chapman Mem. Trophy
11.	3.00 p.m. – NOVICE HEAVY EIGHTS - - - -	- J. Wright Sr. Trophy
12.	3.15 p.m. – CHAMPIONSHIP DOUBLES - - - -	Canadian Westinghouse Trophy
13.	3.30 p.m. – NOVICE 135 lb. FOURS WITH COXSWAIN -	- Jack Nicholson Trophy
14.	3.45 p.m. – 135 lb. EIGHTS - - - -	F. J. McKinney Jewellers Trophy
15.	4.00 p.m. – HEAVY STRAIGHT FOURS - - - -	- Alex Champion Trophy
16.	4.15 p.m. – NOVICE HEAVY FOURS WITH COXSWAIN -	Sigma Kappa Psi Fraternity Trophy
17.	4.30 p.m. – 145 lb. EIGHTS - - - -	- E. J. (Red) Flannery Memorial Trophy
18.	4.45 p.m. – CHAMPIONSHIP SINGLES - - - -	- United Steel Workers Trophy
19.	5.00 p.m. – NOVICE 145 lb. FOURS WITH COXSWAIN -	- Page Memorial Trophy
20.	5.15 p.m. – CHAMPIONSHIP EIGHTS - - - -	Calder Cleland Memorial Trophy
	POINTS CHAMPIONSHIP - - - -	- Cosgrave Trophy

All Races To Be 1500 Metres Straightaway

A five lb. allowance per competitor is allowed in the 135 and 145 lb. classes. Weigh-in and registration for all crews and coxswains including Heavyweights will be from 7:00 a.m. to 11:00 a.m. on Saturday, June 5, and 8:00 a.m. to 10:00 a.m. on Sunday, June 6, 1976.

Mail all entries to the Secretary, Norm Adams, 403 First Ave., Welland, Ontario, 416 - 735-1019. Cheques or Money Orders must accompany all entries, made payable to the **CANADIAN SECONDARY SCHOOLS ROWING ASSOCIATION.**

ALL SCHOOLS ENTERING IN THE REGATTA MUST FORWARD A FIVE DOLLAR (\$5.00) AFFILIATION FEE WITH THEIR ENTRIES.

– ENTRY FEES –

Single \$5.00 PAIR \$10.00 Fours \$15.00
Doubles \$10.00 Eights \$25.00

**GOLD MEDALS WILL BE AWARDED TO THE WINNING CREW
SILVER MEDALS WILL BE AWARDED TO THE CREW FINISHING SECOND**

**ALL ENTRIES MUST BE IN THE HANDS OF THE SECRETARY NOT LATER THAN SATURDAY,
MAY 29th, 1976**

– NO POST ENTRIES –

HEATS WILL BE ROWED STARTING SATURDAY A.M., JUNE 5th, 1976. Novice Class refers to entire crew's, including coxswains, first academic year in active rowing (i.e.—He must not have rowed or raced previous to Sept. 1st of that academic school year). Draw will be held on Monday, May 31st, 1976.

NOTE—

A Coaches Meeting will be held at the Boathouse on Saturday, June 5, 1976, at 9:30 a.m. There will be no change in the order of events and all races will start promptly as scheduled. All Members of Competing Crews must be of the same sex and wear uniform rowing jerseys.

COMPETITORS WILL BE ALLOWED TO ENTER TWO EVENTS ONLY.

NO COMPOSITE CREWS WILL BE ALLOWED TO ENTER IN ANY EVENT.

Each School shall be responsible for the Conduct and Physical Fitness of its competitors and the Provision of its own Equipment.

THE C.S.S.R.A. REGATTA IS SANCTIONED BY
THE LINCOLN COUNTY BOARD
OF EDUCATION

Publicity Director:
MR. C. LEACH, President
701 River Road South,
PETERBOROUGH, ONTARIO.